



Chittenango Little League Return to Play Guidelines (Post COVID-19)

Recommended Best Practices for the Field-of-Play:

1. Follow all local and state guidelines for facilities and events.
2. Spectators are asked to stay away from the restricted area around the dugouts and backstops. Fans are encouraged to watch games further down the base lines or behind the outfield fence for baseball and on the hill for softball. Spectators are asked to keep family groups together and maintain social distancing from other spectators.
3. The managers meeting at home plate should be limited to one coach from each team plus the umpires. No players at plate meeting. Eliminate the meeting, if possible.
4. Where possible, consider options for limiting both the pitching and the scorecard exchanges, in order to reduce person-to-person contact.
5. Teams must spread players out; expand the dugout area when room permits and only if player safety will not be compromised. Expansion of the team dugouts should not be done into foul ball areas. Attempt to limit bench personnel to essential team personnel.
6. Parents are encouraged to supply their players with antibacterial wipes and hand sanitizer for disinfecting shared playing equipment and cleaning hands between innings.
7. PPE (Personal Protective Equipment):
 - a. When close contact is required all managers/coaches, volunteers, umpires, etc., should wear PPE whenever applicable and possible, such as cloth face coverings and protective medical gloves.
 - b. Players should not wear protective medical gloves on the field during game play.
 - c. Players, especially at younger divisions, are not required to wear a cloth face covering while on the field during game play.
 - d. Players will be permitted to wear a cloth face covering on the field during game play, if physically able to do so, based on any directive of a medical provider or individual determination of the player/parent/guardian.
 - e. Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
8. Teams must clean their dugout of all trash and other items after each game, and to wipe down (clean) hard surfaces such as benches, bat racks, etc.
9. Upon arriving at a dugout for the first time, teams are to disinfect hard surface areas (benches, bat racks, etc.). Procedures #7 and #8 here will comply with the CDC recommendation of a two-step process for cleaning and disinfecting.
10. Consumption of food, gum and sunflower seeds on the field and in the dugout is prohibited.
11. Player Equipment:
 - a. Personal Player equipment should be spaced accordingly in designated areas inside the player restricted area to prevent direct contact.
 - b. Players should have their own individual batter's helmet, glove, bat, and catcher's equipment. (A disinfected helmet will be provided for a players use for that day,



this helmet will be labeled for the specific player for their sole use for that day.)

- c. Avoid, or minimize, equipment sharing when feasible
 - d. Some critical equipment may not be able to be obtained by every individual. When it is necessary to share critical or limited equipment, all surfaces of each piece of shared equipment must be cleaned first and then disinfected with an EPA-approved disinfectant against COVID-19 and allowed sufficient time to dry before used by a new player. Increased attention should be paid to detailed cleaning of all equipment directly contacting the head and face (catcher's mask, helmets).
 - e. Player's equipment (e.g. bags, helmets, bats, gloves, etc.) should be cleaned and disinfected after each use by a parent/guardian/caretaker, where applicable.
 - f. Individuals disinfecting equipment are encouraged to use gloves while using disinfectants and follow the manufacturer's directions for use.
12. The catcher and umpire shall position themselves during a player's at-bat to allow for social distancing.
13. Drinks / Snacks:
- a. Athletes, managers/coaches, and umpires should bring their own personal drinks to all team activities. Drinks should be labeled with the person's name.
 - b. Individuals should take their own drink containers home each night for cleaning and sanitation or use single-use bottles.
 - c. There should be no use of shared or team beverages.
 - d. Teams should not share any snacks or food. Players should bring individual, pre-packaged food, if needed.
14. Sunflower seeds, gum, etc.
- a. Sunflower seeds, gum, etc., should not be allowed in dugouts or on the playing field.
 - b. All players and coaches are always required to refrain from spitting, including in dugout areas and on the playing field.
15. Team/player handshakes and team/player high fives are eliminated. Alternatively, player / coaches should tip their caps the opposing team.
16. Baseballs/Softballs:
- a. Should be rotated through on a regular basis and sanitized, every ½ inning, to limit individual contact.
 - b. Umpires should limit their contact with the ball, and catchers should retrieve foul balls and passed balls where possible.
 - c. Balls used in infield/outfield warm-up should be isolated from a shared ball container.
 - d. Foul balls landing outside the field of play should be retrieved by participating players, coaches, and umpires. No spectators should retrieve the ball.
17. Dugout Conduct:
- a. Managers/coaches and players should be assigned spots in the dugout or within protected area so that they are at least six feet apart and must be placed behind a fence.
 - b. Players are to stay at their assigned spots when on the bench or while waiting their turn to bat.



17. All staff and spectators are encouraged to continue social distancing on and off the field during an event. Practice social distancing of six feet wherever possible from individuals not residing within their household, especially in common areas.
18. Players and families should vacate the field/facility as soon as is reasonably possible after the conclusion of their game to minimize unnecessary contact with players, coaches, and spectators from the next game, ideally within 15 minutes.
19. All individuals should measure their body temperature to ensure that no fever is present prior to participating or attending each Little League activity. Anyone with symptoms of fever, cough, or worsening respiratory symptoms, or any known exposure to a person with COVID-19 should not attend any Little League activity until cleared by a medical professional.
20. Any individual, including players, at risk for severe illness or with serious underlying medical or respiratory condition should only attend Little League activities with permission from a medical professional.
21. Public Restrooms:
 - a. A “one-in-one-out” policy, where only one individual is permitted within the restroom at one time, is implemented to ensure adequate distancing in the confined restroom space.
 - b. Restrooms will be disinfected on a regular basis.
 - c. Use of refillable water stations is not permitted.
22. Concession Stands:
 - a. Food / concession sales will not be available.
 - b. Families are encouraged to bring their own food/beverages.



CHITTENANGO LITTLE LEAGUE FIELD MAP



Player and Personnel Area—Restricted



Approved Spectator Areas